

Ditch the routine,

Join the party!



Join the millions of people that have decided that having fun and working out are not mutually exclusive. Join those who'd rather have a blast. Join the party!



**THURSDAYS: 6:30-7:30**

**Instructor: Aleasha**

**\$5.00 a class**

**245 Ruth Street Spring Lake, NC 28390 (910) 436-0011**